

Cedar S. Kennedy MAcOM, L.Ac  
Acupuncturist & Chinese Herbalist

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[www.LivingWaterAcupuncture.com](http://www.LivingWaterAcupuncture.com)

Please call your insurance company and ask the following questions:

- 1) Does my plan cover acupuncture? Yes\_\_\_\_\_ No\_\_\_\_\_
- 2) How many visits per year? \_\_\_\_\_
- 3) Do I have to meet my deductible first? Yes\_\_\_\_\_ No\_\_\_\_\_
- 4) If yes: Have I met my deductible yet? Yes\_\_\_\_\_No\_\_\_\_\_
- 5) Is there a copay? Yes\_\_\_\_\_ No\_\_\_\_\_ If yes: How much is it?\_\_\_\_\_
- 6) Who are the preferred providers? (I am listed as Sarah Kennedy)
- 7) Do I need a prescription? Yes\_\_\_\_\_No\_\_\_\_\_

If you don't have insurance or your insurance doesn't cover acupuncture, here are some questions to ask a prospective acupuncturist:

- 1) How much is the first office visit? \_\_\_\_\_
- 2) How much are return visits? \_\_\_\_\_
- 3) Do you have any discounts (For example, people over the age of 65, Veterans, Sliding scale etc)

Insurance companies I bill:

Premera	Group Health
Lifewise	Blue Cross
HMA	Cigna
Uniform	UEBT

Insurance companies I don't bill:

Aetna  
United  
First Choice  
Regence  
Asuris

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